



**STEGGLES**  
**TURKEY**

UGLY, BUT GOOD FOR YOU



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BUT GOOD  
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# Pop Power Pump

WELL THERE'S A BIRD, IT'S NOT SO PRETTY.  
OUT OF TEN, IT'S MINUS FIFTY.  
ITS WRINKLED SNOOD, DANGLES SO LONG.  
BUT WHEN YOU LET IT IN, IT MAKES YOU STRONG.

BECAUSE... UGLY THINGS ARE GOOD FOR YOU,  
UGLY THINGS ARE GOOD FOR YOU.  
STEGGLES TURKEY'S SUPERFOOD.

UGLY THINGS ARE GOOD FOR YOU,  
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STEGGLES TURKEY'S SUPERFOOD.

LIKE WHEN YOU LOSE YOUR KEYS, BUT FIND YOURSELF.  
WHEN YOU'RE ALONE IN THE GYM AND NEED TO BELCH.  
WHEN YOUR HEART'S BEEN BROKEN, YOU MAKE IT THROUGH.  
UGLY THINGS ARE GOOD FOR YOU.

BECAUSE... UGLY THINGS ARE GOOD FOR YOU,  
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# Hip Hop Spin Class

BOUNCIN' BUTTS! SLIPPERY SEATS!  
RIDING UP! YOUR STEAMY CREASE - OHH!  
BURNIN' LEGS! MINCEMEAT FEET!  
INSTRUCTOR SAYS...STEP UP THE BEAT, GET UGLY!

SO - PEDAL, PEDAL, PEDAL, PEDAL, PEDAL!  
UGLY IS GOOD FOR YOU.  
NOW - GOBBLE, GOBBLE, GOBBLE, GOBBLE, GOBBLE!  
STEGGLES TURKEY'S SUPERFOOD...

LOOSE CABOOSE! PUT TO USE! S  
PANDEX SUIT! GLISTENING GLUTES - OHH!  
BEARDED BEAK! BEST MEAT TO EAT.  
LEAN PROTEIN! TASTES SO SWEET - GET UGLY.

SO - GOBBLE, GOBBLE, GOBBLE, GOBBLE, GOBBLE!  
STEGGLES TURKEY'S SUPERFOOD...  
NOW - GOBBLE, GOBBLE, GOBBLE, GOBBLE, GOBBLE!

# German Jog Techno

HOLDING A BIRTHDAY PARTY FOR YOUR FIVE-YEAR-OLD.

UGLY, BUT GOOD FOR YOU.

WHEN YOU DON'T WANT TO LEAVE THE CLUB BUT NOW YOU'RE HAVING TO BE TOLD.

UGLY, BUT GOOD FOR YOU. DOING FITNESS CLASSES IN ZE PUBLIC PARK.

UGLY, BUT GOOD FOR YOU.

WHEN YOU DON'T KNOW HOW TO DANCE BUT NOW YOU THINK IT'S TIME TO START.

UGLY, BUT GOOD FOR YOU. UGLY - IS GOOD FOR YOU.

STEGGLES TURKEY - IS GOOD FOR YOU.

UGLY - IS GOOD FOR YOU. STEGGLES TURKEY, IT'S SUPERFOOD.

THEY GOBBLE, AND WOBBLE, THEIR TINY BALD HEADS.

THEY HAVE SUCH JUICY MEAT THAT WE IGNORE THEIR DANGLY NECKS.

OH, BECAUSE... TURKEY - IS GOOD FOR YOU. STEGGLES TURKEY - IS SUPERFOOD.

# Rock Workout

MUSCLE MAN SHOUTS AS YOU BOUNCE AND JIGGLE.  
SWEATY WET BODS, RIGHT LEFT, YOU'RE THE MIDDLE.

STICKY DOWN LOW, OLD YOGA MAT.  
COS... UGLY'S GOOD - YEAH YOU KNOW THAT.

STEAMED UP WINDOWS, AND BULGING VEINS.  
CARPET BURNIN' ON YOUR KNEES AND FACE.  
YOU LEAVE SO GREASY, BUT YOU GO BACK.  
COS...UGLY'S GOOD - YEAH YOU KNOW THAT.

UGLY, UGLY'S GOOD FOR YOU.  
STEGGLES TURKEY'S SUPERFOOD.

BIG WEIRD BIRD, GOBBLE GOBBLE GOBBLE.  
LOOKIN' FOR LOW FAT TREATS - THAT'S THE LOTTO.  
NOT SO PRETTY BUT IT TASTES SO SWEET.  
COS...TURKEY'S NATURE'S SUPERMEAT.  
UGLY, UGLY'S GOOD FOR YOU.  
STEGGLES TURKEY'S SUPERFOOD.